

**Support our first responders  
and the fight against  
breast cancer!**

All proceeds from the “Fueled Up and Fired Up 5K Challenge” will benefit the Nether Providence Township First Responders and the Philadelphia affiliate of Susan G. Komen for the Cure.

**Nether Providence Township’s First Responders**—The men and women of our police force and volunteer fire companies of South Media and Garden City are the first to arrive at fires, accidents and any kind of health emergency calls in the township. Proceeds from the race will pay for training, replacement equipment and emergency repairs.

**Susan G. Komen for the Cure**—This organization is known worldwide for the work it does to raise money to find a cure for breast cancer. Since its founding in 1982, Susan G. Komen for the Cure has become the largest source of nonprofit funds, in the world, dedicated to the fight against breast cancer.

**Come on out and run—  
or just come out and  
enjoy the fun—  
on Oct. 22.**

**Save the date!**

**Saturday  
Oct. 22, 2011**

**“Fueled Up and Fired Up  
5K Challenge”**

- cash prizes to overall winners
- 5-year age-group awards
- fun runs for the kids
- face painting
- moon bounce
- fire trucks
- raffle with prizes
- breakfast for participants & families

For more information or  
to register online, go to:  
**WilsonOilandPropane.com**

**PREMIER SPONSOR**



**For our  
community.  
For a cure.  
For the fun of it!**

**You are  
cordially invited  
to run in the**



**Proceeds to benefit the  
Nether Providence  
Township  
First Responders  
and  
Susan G. Komen  
for the Cure,  
Philadelphia affiliate**

**Saturday, Oct. 22, 2011**

# Fueled Up and Fired Up 5K Challenge

**Date:** Saturday, Oct. 22, 2011

**Time:** Same-day registration opens at 8 a.m.  
Race starts at 9 a.m.

**Location:** Registration and packet pickup  
at the Wallingford Train Station,  
110 E. Brookhaven Road

**Registration fee:** \$20 until Thursday, Oct. 20  
\$25 day of race

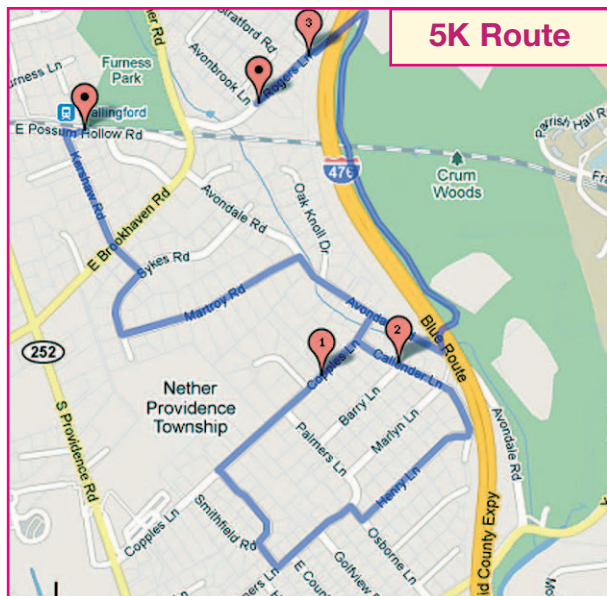
**For more information about the run or  
sponsorship opportunities, contact:**

David O'Connell: [rdo@wilsonoilandpropane.com](mailto:rdo@wilsonoilandpropane.com)  
or (484) 621-0152

Christine Reuther: [careuther@gmail.com](mailto:careuther@gmail.com)

**If you would like to volunteer, contact:**

Tom Gallagher: [tgallagher@dmvnlaw.com](mailto:tgallagher@dmvnlaw.com)



Race management reserves the right to change the race course.

## Become a Sponsor

All sponsors will have their business advertised on placards on the race course, as well as being promoted on next year's brochure. Recognition will also be placed in agency newsletters and websites, reaching hundreds of local citizens.



# Runner Registration Form

**Please complete form and mail with your check to the address below.**

**Make checks payable to: Nether Providence Township**

**Mail to: Wilson Oil and Propane, Attn: Fueled Up & Fired Up,  
P.O. Box 185, Wallingford, PA 19085**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Male \_\_\_ Female \_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Team (if applicable): \_\_\_\_\_

T-shirt size: \_\_\_ small \_\_\_ medium \_\_\_ large \_\_\_ XL \_\_\_ XXL

Entry Fee: (nonrefundable) \$ \_\_\_\_\_ Sponsored Runner: (total collected from list below) \$ \_\_\_\_\_

Liability Release: I know that running is a potentially hazardous activity. I should not enter or run unless I am medically able & properly trained. I also know that there will be traffic, debris, poor footing and other hazards on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather, the conditions of the roads and getting lost, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the organizers of this event, all municipalities in which the event is held, all owners of properties through which the race crosses, the race committee, volunteers, Runtheday race management, all other organizations directly or indirectly associated with the race, any or all sponsors including their agents, employees, assigns or anyone acting on their behalf, or anyone else associated in any way with this race, from any or all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event. This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

\_\_\_\_\_ Date: \_\_\_\_\_

Signature of Runner (parent/guardian if runner is under the age of 18)

I would like my name displayed on the participation list.

## Sponsor Form

Name	Home Address	Email	Phone	Amount

(Please use additional sheets if necessary.)

**Register online and donate at [WilsonOilandPropane.com](http://WilsonOilandPropane.com).**

I would like my donation to go to:  No preference  Nether Providence First Reponders  Susan G. Komen, Philadelphia affiliate

## Please answer these optional questions:

Are you a first responder (police/ambulance/fire company personnel)? **Y N**

What is the name of your police department/fire or ambulance company?  
\_\_\_\_\_

Are you a cancer survivor? **Y N**

Are you participating for someone?  
\_\_\_\_\_